**Cool Weather Vegetables**

**\*The hardiest** can tolerate temperatures in the low 20s and high teens:

* Kale
* Spinach
* Collards

**Hardy** vegetables can tolerate hard frosts – from 25 to 28 degrees:

* Broccoli
* Brussels sprouts
* Cabbage
* Collards**\***
* English Peas
* Kale**\***
* Kohlrabi
* Leeks
* Mustard greens
* Parsley
* Radish
* Spinach**\***
* Turnip

**Semi-hardy** vegetables can tolerate light frosts – from 29 to 32 degrees:

* Beets
* Carrot
* Cauliflower
* Celery
* Chinese cabbage
* Endive
* Irish potatoes
* Lettuce and gourmet salad greens
* Radicchio
* Rutabaga
* Salsify
* Swiss chard

Source: <https://bonnieplants.com/library/which-veggies-for-which-season>

Nashville Demonstration Organic Garden

“You-Can-Do-It” Square Foot Gardening

**Summer Vegetables**

Plant after the threat of frost is past.

Need warm weather (65 to 90 degrees) to grow and are killed by frost:

* Beans
* Corn
* Cucumber
* Eggplant
* Gourds
* Melons
* Okra
* Peppers
* Pumpkins
* Southern peas
* Summer squash
* Sweet Potatoes
* Tomatoes

